Activities & Adventure Itinerary

Causeway Coast & Glens

Carrick-a-Rede Rope Bridge, Co. Antrim

From City of Derry Airport travelling along the Causeway Coastal Route

There's simply a bucket load of things to do along the Causeway Coastal Route. If outdoor life is your thing you've come to the right place. Think of it in terms of nature's playground. You've got everything here from walking and cycling to fishing and golf, as well as a paradise for water sports. On top of that you can explore real-world Game of Thrones™ locations and walk in the footsteps of giants at the UNESCO World Heritage Site, Giant's Causeway.

Cutting Edge Helicopters, Co. Londonderry

VISIT 1

Cutting Edge Helicopters - Giants Causeway Tour

Enjoy all the sites from the Mussenden Temple Experience tour before flying along the spectacular world-renowned Causeway Coastal Route. Flights pass over the UNESCO World Heritage Site, The Giant's Causeway, before moving along the coast for views such as Carrick-a-Rede Rope Bridge and Ballintoy, the latter of which was used as a set on the world-famous TV series Game of Thrones™.

City of Derry Airport, Airfield Road, Eglinton, Co. Londonderry
BT47 3PZ
T: +44 (0)28 7181 2555
W: cuttingedgehelicopters.com

City of Derry AIRPORT

VISIT 2

Broighter Gold Rapeseed Oil

Nestled among the yellow fields of oilseed rape in Binevenagh, an Area of Outstanding Natural Beauty, you will find Broglasco Farm, home of Broighter Gold Rapeseed Oil. Behind every bottle is a wealth of history. This local product, grown on the field where the Broighter Hoard of gold Iron Age artefacts was discovered, along with the colour of the cold pressed oilseed rape, gives the product a distinctive brand image.

Broglasco Farm, 80 Broighter Road, Myroe, Limavady, Co. Londonderry, BT49 9DY
T: +44 (0) 79 1207 6607
W: broightergold.co.uk

VISIT 3

Gortmore Viewpoint

Gortmore is a stunning viewpoint situated on the Binevenagh Loop, which is part of the Causeway Coastal Route. On a clear day breath-taking views extend across to Donegal and the islands of Islay and Jura off the west coast of Scotland. In addition, a sculpture of Manannan Mac Lir, a sea god originating from this area, can be viewed from this scenic viewpoint and trail walks are also available.

Bishops Rd, Limavady, County Londonderry, BT49 0FJ
W: visitcausewaycoastandglens.com/things-to-do/gortmore-view-point

VISIT 4

Catch & Sea – Causeway Coast Foodie Tours

The award-winning Catch and Sea® food experience, in collaboration with Boy Matthew Sea Fishing Trips & Warkes Deli, is something truly unique and offers you the chance to catch local fresh fish for your breakfast, straight from the Atlantic Ocean onto your plate! Everything's better when you must work a little harder for it, right? And every meal is so much better when it's as fresh as fresh can be.

44 Causeway Road, Bushmills, Co. Antrim
T: +44 (0) 7912 408 256
W: causewaycoastfoodietours.com/catch-and-sea

On the menu today

After an energetic day, the Causeway Coast and Glens' chefs can help you refuel, they use the finest local ingredients just for you! Choose your setting – will it be fine dining, a contemporary bistro, or a traditional pub? Maybe a coastal café is your thing, and who can resist fish and chips by the harbour?

For various food and drink options, please visit:

W: visitcausewaycoastandglens.com/food-and-drink/places-to-eat

discovernorthernireland.com

VISIT 5

Long Line Surf School

Always wanted to try surfing? Long Line Surf School offers fantastic lessons and experiences that teach the skills and techniques of surfing and Stand Up Paddle boarding (SUP), all within the Binevenagh Area of Outstanding Natural Beauty.

53 Benone Avenue, Limavady, Co. Londonderry, BT49 0LQ
T: +44 (0)7738 128507
W: longlinesurfschool.co.uk/

VISIT 6

Aquaholics

The North Coast of Ireland is surrounded by areas of outstanding natural beauty and what better way to see them than from the sea? If you prefer to spend your time on the water then Aquaholics, based in both Portstewart and Ballycastle, is an absolute splash! They offer a full range of scuba diving courses as well as boat trips along the Causeway Coast.

14 Portmore Road, Portstewart
BT55 7BE
T: +44 (0) 28 7083 2584
W: aquaholics.co.uk/

Aquaholics, Causeway Coastal Route

VISIT 7

Magheracross Viewpoint

Two new, spectacular viewing platforms, extending out to the edge of the headland provide the perfect pitstop on the Causeway Coast Way, whether cycling, driving or on foot. Take a break to appreciate the stunning views of Whiterocks beach and Dunluce Castle. Carpark on site.

Dunluce Road, BT57 8UY

VISIT 8

Carrick-a-Rede Rope Bridge

Historically, fishermen used to erect a rope bridge to Carrick-a-Rede island to check their salmon. Today, the National Trust operates a double hand-railed rope bridge across the 30m deep/20m wide gorge. Visitors who are brave enough to cross the bridge will be rewarded with stunning views of the North Coast Causeway.

119a Whitepark Road, Ballintoy, Co. Antrim BT54 6LS.
T: +44 (0) 28 2076 9839
W: nationaltrust.org.uk/carrick-a-rede

VISIT 9

Dalriada Kingdom Tours - Private Guided Tour of Giant's Causeway

Dalriada Kingdom Tours are proud to bring you an exclusive guided walking tour of the iconic Giant's Causeway. A group of professional, specialist tour guides and storytellers keep the family tradition of tour guiding at the Giant's Causeway and its shoreline alive, which dates back to the mid 18th-century.

T: +44 (0)7752659202
W: dalriadakingdomtours.co.uk

VISIT 10

Rathlin Island

If you enjoy walking and are an admirer of sheer beauty, Rathlin Island is the experience for you. Myth and mystery surround Rathlin! Take the route less travelled and enjoy the many hikes the island has to offer. The island has three lighthouses and the only one open to to the public is RSPB Rathlin West Light Seabird Centre with some 250,000 returning seabirds, guillemots, razorbills, kittiwakes, fulmars and puffins. Rathlin is also home to the Golden Hare.

www.nineglensadventuretours.co.uk also offers rambles, paddle boarding, foraging tours on the island.

Rathlin Island Ferry Ltd, Ballycastle Ferry Terminal, 18 Bayview Road, Ballycastle, Co. Antrim, BT54 6BT
T: +44 (0) 28 2076 9299
W: discovernorthernireland.com/things-to-do/rathlin-island
W: rathlinballycastleferry.com

VISIT 11

Glenariff Forest Park

Glenariff is the Queen of the Glens and is considered by many people to be the most beautiful of the nine Antrim Glens. Way marked walks take in the three waterfalls, which are the main feature of the area. Forest trails and riverside walks gives you an abundance of panoramic landscapes with spectacular views of the Glens and the Coast.

98 Glenariff Road, Glenariff, Co. Antrim, BT44 0QX
W: discovernorthernireland.com/things-to-do/glenariff-forest-park-scenic-trail
W: nidirect.gov.uk/services/glenariff-forest-park-touring-online-booking

VISIT 12

The Gobbins Cliff Path

The Gobbins is a unique walking experience, a dramatic cliff-face path incorporating spectacular bridges, tunnels and staircases. First opened in 1902, this coastal curiosity has been brought back to life. A re-envisioned version of The Gobbins opened in August 2015; new walkways run parallel to the eroded remains of some of the original structure. The Gobbins walk takes between 2.5 and 3 hours to complete.

68 Middle Road, Islandmagee, Co. Antrim BT40 3SL
T: +44 (0) 28 9337 2318
W: www.thegobbinscliffpath.com

Places to stay

A jam-packed day of fun needs a good night of rest before and after! When planning your trip, you will find the perfect accommodation to suit your needs and prices to match any budget. For options please visit:

For options please visit:
W: visitcausewaycoastandglens.com/accommodation

Rathlin Island, Co. Antrim

Northern Ireland Embrace a Giant Spirit